

We are in this together!

"You were all called to travel on the same road and in the same direction, so stay together, both outwardly and inwardly. You have one Master, one faith, one baptism, one God and Father of all, who rules over all, works through all, and is present in all. Everything you are and think and do is permeated with Oneness." Ephesians 4:4-6 (The Message version)

Dear Friends,

Although we are social distancing because germs are on the loose among us, we are in this together.

And because of our efforts to make a difference for each other and all the people of our world, there are a lot of powerfully positive things on the loose among us, too—love, kindness, joy, caring, compassion, humility, unity and hope—all brought to us through God's amazing grace. As we encourage and care for each other, we are refueled for another day. The music Melissa Hathaway chose for today is an upbeat piece from Zach Williams to do just that. So take a moment to have a socially distant dance party and listen to it here: [Zach Williams - Old Church Choir \(Official Music ... - YouTube](#)

Where are you seeing goodness today in other humans? Make a list...or jot down the story and send it to us at karen.locken@explorepeace.org.

A friend of our kids—Tommy Caldwell, known for his rock climbing work around the world—shared this on Instagram a day ago:

It feels strange to say this, but this social distancing thing is really jiving with me. No traveling. Less consumption. The noise of everyday has calmed a bit. Suddenly life is simple. I now there is a lot of pain and uncertainty out there, but Globally we are witnessing major sacrifices for the benefit of 2 or 3 percent who will get truly sick. I find that uplifting. This transcends money, politics, race, gender. Right now I'm damn proud of large swaths of humanity. Pain often helps us to see more clearly. Let's keep doing the right thing and remember these lessons. - Tommy Caldwell

Let's keep doing the right thing. Let's keep flattening the curve. And as we do it, may we celebrate times with our family, lean into opportunities to connect via social media/phone with those we love...and neighbors who need us, and may we find within ourselves a fresh soul and some time to nurture it.

Take care out There,
The Peace Team

Prayer for the Day:

Healer of our Every Ill: Fix all that is broken within us. Mend with mercy any panic that lies just under our skin. Refresh our daily perspective. Give us strength and courage to tend to what matters most in each day. Help us find joy in simple things. Deliver us to tomorrow with a measure of health and wholeness. We lift before you all the people working on the front lines in hospitals, grocery stores, emergency organizations, pharmacies—keep them well and give them the courage

to do their brave work. We remember all those whose businesses and livelihoods are effected by this crisis. Bring them whatever they need to survive and again, thrive. Amen.

Opportunities for You:

Email Pastor Doug at doug.locken@explorepeace.org if you would like to make phone calls to check on people in our Peace community. Or email him if you would also like to be in a prayer circle.

Email Intern Tom at tom.kreis@explorepeace.org if you would like to volunteer to help at the WEB food pantry curbside distribution on Saturday 3/ (please no volunteers that are in a high risk category).

Email Pastor Karen at karen.locken@explorepeace.org to share some human goodness you have experienced in your world.